Memories from the Heart
2017

Victoria Barakett • Madison Beauchamp • Stephanie Benoit • Jessica Brodeur • Sabrina Buonamici • Brooklyn Carson • Rebecca Di Giorgio • Olivia Dicaprio • Lauren Drummond • Teagan Ennis • Nadia Estefanos • Sabrina Fitz • Amanda Forgione • Sarah Frances • Kiara Guidote • Ioana Gurau-Budeci • Alexandra Hills • Olivia Iorio • Sigrid Joubert • Eleni Karatzas • Jessica Khoury • Theodora Konstantopoulos • Audra Kruszewski • Olivia Legault • Dominique Levesque • Anita Maggiore • Kayla Matthews • Lauren McDonald • Serena McMahon • Sophia Michakis • Laura Mustillo • Beata Nawacki • Ariana Nowroozi • Emma Osmancevic • Maya Ostiguy Hopp • Maria Pantazopoulos • Michelle Phillips • Veronica Plescia • Evanthia Primbas • Shannon Grace Regan • Sophie Rowe • Yiuane Ryan • Emily Sakaitis • Chiara Silvaggio • Denna Soosai Heronimus • Vanessa Useche • Lea Valentini • Isabella Van Dystadt-Aguiar • Christina Vassiliou • Mia Vincenti • Emilie Viviani • Rachel Watts • Shannon Wilding • Victoria Barakett • Madison Beauchamp • Stephanie Benoit • Jessica Brodeur • Sabrina Buonamici • Brooklyn Carson • Rebecca Di Giorgio • Olivia Dicaprio • Lauren Drummond • Teagan Ennis • Nadia Estefanos • Sabrina Fitz • Amanda Forgione • Sarah Frances • Kiara Guidote • Ioana Gurau-Budeci • Alexandra Hills • Olivia Iorio • Sigrid Joubert • Eleni Karatzas • Jessica Khoury • Theodora Konstantopoulos • Audra Kruszewski • Olivia Legault • Dominique Levesque • Anita Maggiore • Kayla Matthews • Lauren McDonald • Serena McMahon • Sophia Michakis • Laura Mustillo • Beata Nawacki • Ariana Nowroozi • Emma Osmancevic • Maya Ostiguy Hopp • Maria Pantazopoulos • Michelle Phillips • Veronica Plescia • Evanthia Primbas • Shannon Grace Regan • Sophie Rowe • Yiuane Ryan • Emily Sakaitis • Chiara Silvaggio • Denna Soosai Heronimus • Vanessa Useche • Lea Valentini • Isabella Van Dystadt-Aguiar • Christina Vassiliou • Mia Vincenti • Emilie Viviani • Rachel Watts • Shannon Wilding • Victoria Barakett • Madison Beauchamp • Stephanie Benoit • Jessica Brodeur • Sabrina Buonamici • Brooklyn Carson • Rebecca Di Giorgio • Olivia Dicaprio • Lauren Drummond • Teagan Ennis • Nadia Estefanos • Sabrina Fitz • Amanda Forgione • Sarah Frances • Kiara Guidote • Ioana Gurau-Budeci • Alexandra Hills • Olivia Iorio • Sigrid Joubert • Eleni Karatzas • Jessica Khoury • Theodora Konstantopoulos • Audra Kruszewski • Olivia Legault • Dominique Levesque • Anita Maggiore • Kayla Matthews • Lauren McDonald • Serena McMahon • Sophia Michakis • Laura Mustillo • Beata Nawacki • Ariana Nowroozi • Emma Osmancevic • Maya Ostiguy Hopp • Maria Pantazopoulos • Michelle Phillips • Veronica Plescia • Evanthia Primbas • Shannon Grace Regan • Sophie Rowe • Yiuane Ryan • Emily Sakaitis • Chiara Silvaggio • Denna Soosai Heronimus • Vanessa Useche • Lea Valentini • Isabella Van Dystadt-Aguiar • Christina Vassiliou • Mia Vincenti • Emilie Viviani • Rachel Watts • Shannon Wilding • Victoria Barakett • Madison Beauchamp • Stephanie Benoit • Jessica Brodeur • Sabrina Buonamici • Brooklyn Carson • Rebecca Di Giorgio • Olivia Dicaprio • Lauren Drummond • Teagan Ennis • Nadia Estefanos • Sabrina Fitz • Amanda Forgione • Sarah Frances • Kiara Guidote • Ioana Gurau-Budeci • Alexandra Hills • Olivia Iorio • Sigrid Joubert • Eleni Karatzas • Jessica Khoury • Theodora Konstantopoulos • Audra Kruszewski • Olivia Legault • Dominique Levesque • Anita Maggiore • Kayla Matthews • Lauren McDonald • Serena McMahon • Sophia Michakis • Laura Mustillo • Beata Nawacki • Ariana Nowroozi • Emma Osmancevic • Maya Ostiguy Hopp • Maria Pantazopoulos • Michelle Phillips • Veronica Plescia • Evanthia Primbas • Shannon Grace Regan • Sophie Rowe • Yiuane Ryan • Emily Sakaitis • Chiara Silvaggio • Denna Soosai Heronimus • Vanessa Useche • Lea Valentini • Isabella Van Dystadt-Aguiar • Christina Vassiliou • Mia Vincenti • Emilie Viviani • Rachel Watts • Shannon Wilding • Victoria Barakett • Madison Beauchamp • Stephanie Benoit • Jessica Brodeur • Sabrina Buonamici • Brooklyn Carson • Rebecca Di Giorgio • Olivia Dicaprio • Lauren Drummond • Teagan Ennis • Nadia Estefanos • Sabrina Fitz • Amanda Forgione • Sarah Frances • Kiara Guidote • Ioana Gurau-Budeci • Alexandra Hills • Olivia Iorio • Sigrid Joubert • Eleni Karatzas • Jessica Khoury • Theodora Konstantopoulos • Audra Kruszewski • Olivia Legault • Dominique Levesque • Anita Maggiore • Kayla Matthews • Lauren McDonald • Serena McMahon • Sophia Michakis • Laura Mustillo • Beata Nawacki • Ariana Nowroozi • Emma Osmancevic • Maya Ostiguy Hopp • Maria Pantazopoulos • Michelle Phillips • Veronica Plescia • Evanthia Primbas • Shannon Grace Regan • Sophie Rowe • Yiuane Ryan • Emily Sakaitis • Chiara Silvaggio • Denna Soosai Heronimus • Vanessa Useche • Lea Valentini • Isabella Van Dystadt-Aguiar • Christina Vassiliou • Mia Vincenti • Emilie Viviani • Rachel Watts • Shannon Wilding • Victoria Barakett • Madison Beauchamp • Stephanie Benoit • Jessica Brodeur • Sabrina Buonamici • Brooklyn Carson • Rebecca Di Giorgio • Olivia Dicaprio • Lauren Drummond • Teagan Ennis • Nadia Estefanos • Sabrina Fitz • Amanda Forgione • Sarah Frances • Kiara Guidote • Ioana Gurau-Budeci • Alexandra Hills • Olivia Iorio • Sigrid Joubert • Eleni Karatzas • Jessica Khoury • Theodora Konstantopoulos • Audra Kruszewski • Olivia Legault • Dominique Levesque • Anita Maggiore • Kayla Matthews • Lauren McDonald • Serena McMahon • Sophia Michakis • Laura Mustillo • Beata Nawacki • Ariana Nowroozi • Emma Osmancevic • Maya Ostiguy Hopp • Maria Pantazopoulos • Michelle Phillips • Veronica Plescia • Evanthia Primbas • Shannon Grace Regan • Sophie Rowe • Yiuane Ryan • Emily Sakaitis • Chiara Silvaggio • Denna Soosai Heronimus • Vanessa Useche • Lea Valentini • Isabella Van Dystadt-Aguiar • Christina Vassiliou • Mia Vincenti • Emilie Viviani • Rachel Watts • Shannon Wilding • Victoria Barakett • Madison Beauchamp • Stephanie Benoit • Jessica Brodeur • Sabrina Buonamici • Brooklyn Carson • Rebecca Di Giorgio • Olivia Dicaprio • Lauren Drummond • Teagan Ennis • Nadia Estefanos • Sabrina Fitz • Amanda Forgione • Sarah Frances • Kiara Guidote • Ioana Gurau-Budeci • Alexandra Hills • Olivia Iorio • Sigrid Joubert • Eleni Karatzas • Jessica Khoury • Theodora Konstantopoulos • Audra Kruszewski • Olivia Legault • Dominique Levesque • Anita Maggiore • Kayla Matthews • Lauren McDonald • Serena McMahon • Sophia Michakis • Laura Mustillo • Beata Nawacki • Ariana Nowroozi • Emma Osmancevic • Maya Ostiguy Hopp • Maria Pantazopoulos • Michelle Phillips • Veronica Plescia • Evanthia Primbas • Shannon Grace Regan • Sophie Rowe • Yiuane Ryan • Emily Sakaitis • Chiara Silvaggio • Denna Soosai Heronimus • Vanessa Useche • Lea Valentini • Isabella Van Dystadt-Aguiar • Christina Vassiliou • Mia Vincenti • Emilie Viviani • Rachel Watts • Shannon Wilding • Victoria Barakett • Madison Beauchamp • Stephanie Benoit • Jessica Brodeur • Sabrina Buonamici • Brooklyn Carson

• Rebecca Di Giorgio • Olivia Dicaprio • Lauren Drummond • Teagan Ennis • Nadia Estefanos • Sabrina Fitz • Amanda Forgione • Sarah Frances • Kiara Guidote • Ioana Gurau-Budeci • Alexandra Hills • Olivia Iorio • Sigrid Joubert • Eleni Karatzas • Jessica Khoury • Theodora Konstantopoulos • Audra Kruszewski • Olivia Legault • Dominique Levesque • Anita Maggiore • Kayla Matthews • Lauren McDonald • Serena McMahon • Sophia Michakis • Laura Mustillo • Beata Nawacki • Ariana Nowroozi • Emma Osmancevic • Maya Ostiguy Hopp • Maria Pantazopoulos • Michelle Phillips • Veronica Plescia • Evanthia Primbas • Shannon Grace Regan • Sophie Rowe • Yiuane Ryan • Emily Sakaitis • Chiara Silvaggio • Denna Soosai Heronimus • Vanessa Useche • Lea Valentini • Isabella Van Dystadt-Aguiar • Christina Vassiliou • Mia Vincenti • Emilie Viviani • Rachel Watts • Shannon Wilding • Victoria Barakett • Madison Beauchamp • Stephanie Benoit • Jessica Brodeur • Sabrina Buonamici • Brooklyn Carson •

Welcome To...

The Sacred Heart School of Montreal
3635 Atwater Ave,
Montreal, QC
H3H 1Y4

Shawn O'Donnell
Principal

Dear Sacred Heart Students,

Congratulations on an outstanding school year, and for achieving so many milestones in academics, the arts, sports, and community service. We are all very proud of your achievements. You have demonstrated time and time again your exceptional leadership skills, your commitment to helping others, and your strong resolve to be the young leaders of tomorrow.

I would also like to congratulate our graduates, a fine class of energetic and creative students who have not only enjoyed an excellent senior year, but who have also had a stellar high school career at Sacred Heart.

The CLASS OF 2017 consists of 53 special young ladies, and collectively they are much more than the sum of their parts. This memory book is dedicated to them, and to all of their accomplishments.

They are caring, supportive and protective, not only of each other, but of other students and their teachers. This class can be fun-loving, silly, and adventurous, but they are also serious, studious and ambitious. They are energetic, socially-aware, focused, strong-willed, creative, intelligent, close-knit and compassionate. They care deeply for each other, but also for the world at large, and they will stand up and defend what is right. They may not always ask "WHY", but they will often ask, "WHY NOT"? They are not afraid to speak the truth and to stay true to themselves. They are REAL!!!!

This brings me to the heart of my message: In this day and age of FAKE NEWS and SCAMS, of instant communications, it is extremely difficult to tell the truth from lies. It is hard to know who is honest and who is not. Not too long ago, TV newscasts and newspapers were considered Gospel, as you knew that the stories were thoroughly researched and vetted before being broadcasted or printed. Today, accusations, lies and innuendos fly all over Social Media, and it is hard to discern what is fact and what is fiction.

So when thinking of this class and talking to their teachers about them, a recurring theme emerged. This group of teenagers speaks the truth; they are honest, and sincere. They are not perfect, and occasionally they do cross the line but one thing is for certain; The Class of 2017 owns up to their mistakes and tells you exactly how they feel. They are forthcoming, trustworthy and genuine. They are also empathetic and unselfish; THEY ARE REAL!!

So Graduates, I encourage you, no I URGE you, to stay REAL after you leave this safe haven. Stay true to yourselves, and true to others. Seek out the truth, and always continue to have the courage et confiance to stand up and defend what is right and just. You have led by example this year, and have been great role models for our younger students. Now go and be great leaders in the next phase of your lives!!!

This year's memory book is another great success! I want to thank our talented and dedicated team, led by faculty editor/advisor, Ms. Michelle Lessey, and outstanding student editors Emma Osmancevic and Rachel Watts. They have worked long and hard to produce a testimonial to our school that we can all be proud of, and I am sure you will agree that they have succeeded! Congratulations, team!

A Message to the Class of 2017....

Erika Rath
Academic Student Coordinator

I am incredibly honored to have this opportunity to congratulate the class of 2017! It has been an absolute pleasure being a part of your high school careers and it's been an exciting 5 years watching you grow into the intelligent, caring, and compassionate young adults you are today. Along with an academically rigorous program, The Sacred Heart School of Montreal has helped each of you develop a strong set of values, sense of community, and Courage et Confiance that will serve you well as you journey outside of these sacred walls. Every day, you have reminded me that I am grateful to work in a place filled with respect, love, and kindness. The Sacred Heart family will miss you, but you will not be forgotten...

"30 years from now it won't matter what shoes you wore, how your hair looked or what jeans you bought; what will matter is what you learned and how you used it."

Danielle Lecuyer
Student Life Coordinator

Your five years has passed in the blink of an eye, yet it's filled with so many amazing memories, important life lessons and meaningful experiences. You should be proud of what you have accomplished so far and look forward to the exciting and challenging path that lies ahead. I wish you a future filled with learning, strength, success, and happiness. Stay true to who you are and remember that Sacred Heart will always be home.

Faculty & Staff

Lisa Arella

Julie Beaudet

Julian Beauvais

Nathalie Belfort

Marianne Belleville

Iveth Bosmediano

Maria Cusma Dovico

Christiane de Sainte Marie

Nina Di Palma

Luigi Fratta

Josh Friedmann

Catherine Gauthier

Marie-Elaine Laquerre

Lili Le Fèvre

Michelle Lessey

Megan Littman

Roxanne Martel

Gisela McIvor

Polly Pulumbi

Antoinette Raco

David Reda

Gedi Snapkauskas

Myha Tang

Kevin Thiruchelvam

Florise Boyard

Annette Brawlley

Isabel Brinck

Stephanie Broadhurst

Maureen Brown

Stephanie Coull

Mary Gendron

Joan Harrison

Peter Judson

Fran Lakatos

Alexandra Lantosh

Martin Laperle

James McRae

Jennifer Newton

Sonny Nicolas

Hélène Pagette

Myriam Phaneuf

Patricia Potter

Rosemary Vaupshas

Aran Waldbrook

Peter Ward

#Teachers @Sacred

"Which Teacher Said It?

Match each phrase with the teacher!

1. "Ladies!"

2. "Goodtimes..."

3. "La voilence n'est pas une solution"

4. "This fine institution"

5. "Mmm K"

6. "Take a big watermelon"

7. "QUIETTTTT!"

Academic Success

The Poetry In Voice Montreal 2017 Bilingual Team Regional Competition

Olivia Torralbo & Rachel Watts placed 1st!

QAIS Public Speaking Competition

Lauren Drummond placed 1st!

Competed in the CTMC Math Competition

Sascha Azouz
Julia Cianci
Lauren Drummond
Kiara Guidote
Dominique Levesque
Laura Pitruzzello

QAIS divisional Battle of the Books

Katerina D'Ambosio
Sophie Koestner
Dominique Levesque
Emily Shalhoub
Daisy Smith
Brianna Tutino

'You be a Chemist' Canada McGill University Competition

Gabriela Nicolau & Emma Provençal

Obtained 100% on the History of Quebec and Canada MELS Exam

Kerri-Lee Commier

The 2017 YPI Winners are...

Sara Anelli
Lilah Caprera
Julia Cianci
Laura Pitruzzello

Math Competitions Awards of Merit 2017

Canadian Mathematics League Competition
Nora Cunningham, Tara Delaney, Eva Rokas, Yichen Shen, Reese Wereley

Canadian Mathematics League Competition
Cassandra Baldry, Stuti Kundu, Emma Provençal

Pascal Competition
Tiana Iacobelli

Cayley Competition
Sascha Azouz

From the *Editors*

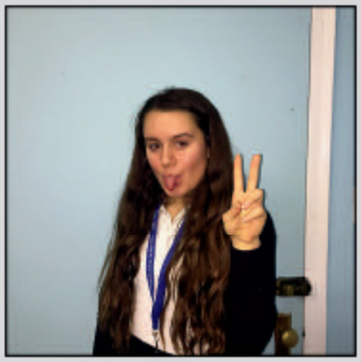
Being the co-editor for the yearbook has been a rewarding and fun challenge. Starting from a blank slate in August, it was hard to imagine all 96 pages being completed. Thanks to our team, we have been able to put together a book full of our school memories. However, the yearbook would not been possible without Ms Lessey. We have appreciated her guidance and the countless hours of work she has contributed. I am so proud to present the 2016-2017 yearbook!
-Rachel

A very special thanks to Ms McIvor for all her help editing the yearbook!

It has been so much fun co-editing the 2016-2017 yearbook. Creating a yearbook takes time, patience and determination and I am truly proud of what we produced in the end. Thank you to our team and Ms Lessey for all the time and effort you've contributed to these pages. It has been a pleasure to have worked with all of you. I hope you all enjoy recalling the memories from the 2016-2017 school year.
-Emma

STAFF

Kayla Matthews
Photographer/Layout



Sarah Frances
Layout

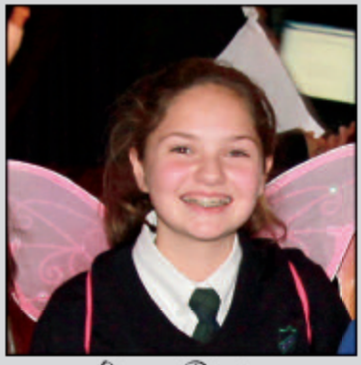
Emilie Shalhoub
Layout

Sarah Shalhoub
Layout

Amanda Forgione
Layout

Kayla Wolf
Layout

Daisy Smith
Photographer/Layout



Simona Ruscio
Layout

Alexandra Hills
Layout

Gabriella Marsilli
Layout

Amanda Emblem
Photographer

Olivia Dicaprio
Photographer

Special thanks to Evanthia P, Ariana N, Maidson B and Lilah C

Undergrads
2016-2017

Friends

Events

We are Sacred Girls!

Sports

Academics

Clubs

Class of 2021

Joelle Abouserhal
Leah Amodeo
Rebecca Barakett
Alyssa Bucaro
Sofia Buggé
Vanessa Buggé
Fabiana Calce
Cettina Cammalleri

Stefanie Capozzo
Emily Christie
Emma Coppola-Popieraitis
Jessica Cristiano
Nora Cunningham
Katerina D'Ambrosio
Madison D'Souza
Maya Da Silva-Rosa

Tara Delaney
Yasmina Di Lullo
Sarah-Nicole Di Paola
Lara Dimitri

Laurena Ferraro
Ainsley Goodleaf
Felicia-Jessica François Mesina
Julia Gagné

SECONDARY I

Ava Iorio
Rathisha Iyaduri
Laeticia Jeanty
Kyoeun Kim
Jura Kruszewski
Sophia Magafas
Mara Mastrocola
Sofia Mignacca
Chloe Miller

Megan Montoni
Ciara Moore
Maika Palmieri
Eliana Pantazopoulos
Amanda Paterson
Evagelia Rokas

Ava Rowe
Nicole Sabourin
Jaymie Sacchetti
Michela Santini
Catharina Schoch
Sofia Serabian

Yichen Shen
Pallas Thomas
Brianna Tutino
Amanda Valente
Jacqueline Van Aelst
Elleana Vardaro
Francesca Volpato
Reese Wereley

Sec One Candids

Sec One Retreat

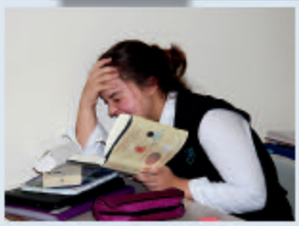
Class of 2020

Elena Apostolatos
Talia Atallah
Cassandra Baldry
Isabel Blin
Zoë Boosamra
Julia Cacioppo
Christina Capus

Liana Cianci
Jenna Coverini
Sarah Elkas

Lauren Gale
Anna Garon
Clara Hlibchuk

Xindi Hu
Stuti Kundu
Hannah Lee Poy-Paxman
Ruitong Liu
Briana Maroun
Jennifer McDonald
Olivia Migliorelli



SECONDARY II

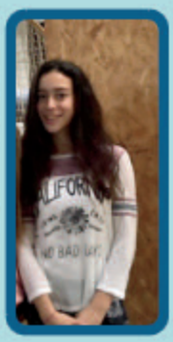
Catherine Mourelatos
Gabriela Nicolau
Emma Maria Provençal
Simona Ruscio
Ashley Sakaitis
Amaya Sastron-Navarrete

Sofia Scalia
Isabelle Schoch

Sarah Shalhoub
Qinyun Song

Christina Stappas
Giulianna Valente
Lola Vincenti
Alice Voizard
Bridgett Williams
Jiamin Yuan

Sec 2 Retreat



Walking with a friend in the dark is better than walking alone in the light.
- Helen Keller

Sec 2 Candids

CLASS of 2019

Madison Berros
Shannon Blake
Olivia Cerasuolo
Katalina Couto
Erika Delucilla
Emiliana Di Nolfo
Payton Dickson

Caitlin Downey
Amanda Emblem

Stefanie Frances
Daphne Giroux

Tiana Iacobelli
Sophie Koestner
Jasmine Lightfoot
Yanping Lu
Laura Maréchal-Houillon
Laura Michetti
Elisabeth Morena

SECONDARY III

Nicoletta Pantazopoulos
Madison Passingham
Amberlie Pereira
Rozanna Ralbovszky
Angelica Salouros
Emilie Shalhoub

Sydney Shun
Grace Singer
Daisy Smith
Amanda Stevenson
Olivia Torralbo
Katalina Toth

Maya Vardaro
Veronica Verenini
Eliana Viviani

Maria Ziannis
Wenyu Zhang

SEC III RETREAT

WOMEN in BIO

SEC III CANDIDS

SEC IV

Elizabeth Aiken
Morgan Alix Klein
Sarah Allen
Sara Anelli
Morgan Azouz
Sascha Azouz
Marianne Beirouti

Kiana Bellegarde
Julia Buggé
Nastasia Butorac
Victoria Caldarone

Jenna Caprera
Lilah Caprera
Julia Cianci
Kerri-Lee Commier

Alessia Di Salvatore
Isabella Di Silvestro
Katherine Doré
Alexandra Gagliano
Kristen Harris
Hannah Johnston
Andai Lyu

CLASS OF 2018

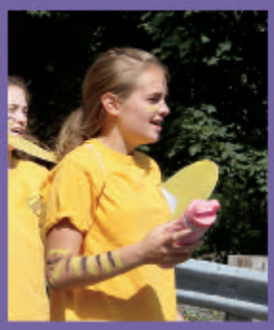
Eleni Magafas
Gabriella Marsilii
Bianca Mercuri
Taranjot Padda
Veronica Pereira
Pina Piazza
Talia Pirro

Laura Pitruzzello
Emma Platt
Victoria Quintin
Tatiana Ranieri-Thompson

Nicole Romero
Darcy Sabourin
Liana Salvo
Xiren Tian

Jezabel Toussaint
Angeliki Trifonopoulos
Kayla Wolf
Antonina Yakobson

SEC IV RETREAT



SEC IV CANDIDS

that moment when

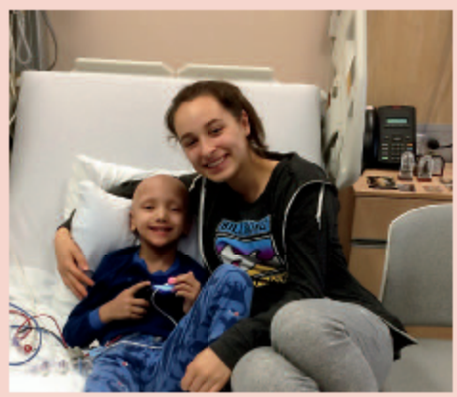
We had an awesome spiirit week!

DASHA was a success!!!

We did not have class for a whole day!

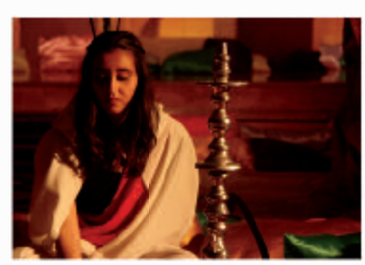
Oli Shaves Her Head!

Bald and Beautiful Heroes!



"I did it for my cousin Vincenzo. With the thought of him in my mind, it made me much more courageous. He's an inspiration."
-Oli

Memories



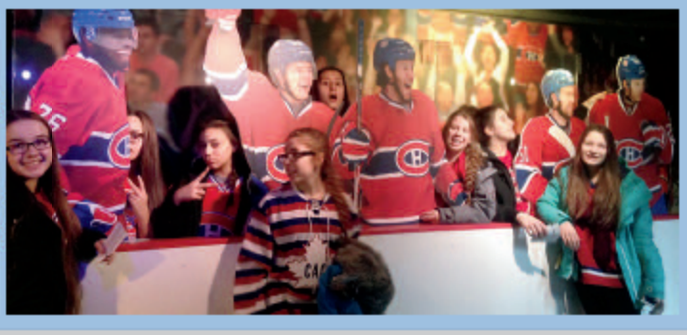
BLC and CLB

Congrats to our amazing BLC and CLB winners and participants!

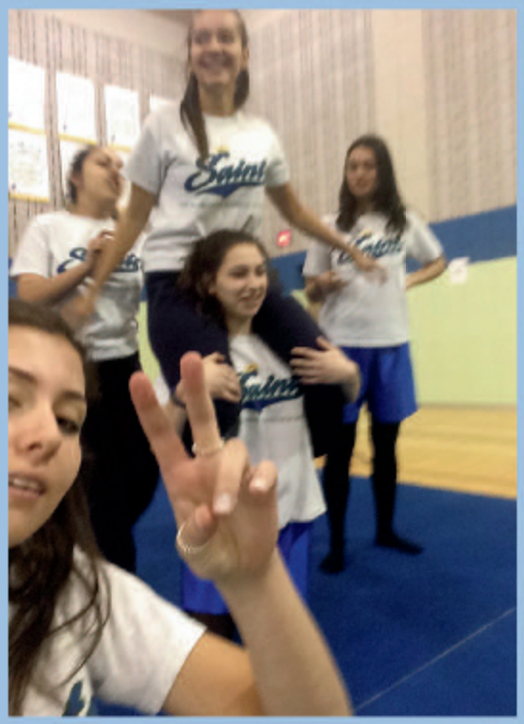
Sports

Fun times

Cause GIRLS just want to have FUN!



GRADS '17



Victoria Barakett

:)

MLT: Change the world or still change the paper at Bureau en Gros

Job Aspiration: Brain Surgeon

Madison Beauchamp

Sorry for staring.

MLT: To stare

Job Aspiration: Dancer

Stephanie Benoit

We made it! Thank you for a very memorable five years. I wish everyone the best of luck in whatever comes next! Congratulations!

MLT: Live on the West Island forever

Job Aspiration: Event Planner

Jessica Brodeur

I am so thankful to have spent my five years here at Sacred with such amazing people. I will miss you all!

MLT: Hand in everything late

Job Aspiration: Architect or Interior Designer

Sabrina Buonamici

"Let all that you do be done in love" - Corinthians 16:14

Job Aspiration: Astrophysicist

Brooklyn Carson

Amor Vincit Omnia #QAA

MLT: Marry a prince

Job Aspiration: Actress

Rebecca Di Giorgio

Shoutout to the crew, you know who you are.

MLT: Never see Fifth Harmony before Camila leaves.

Job Aspiration: Activist

Olivia Dicaprio

My name is actually Olivia...-Dicap

MLT: Stare at someone until they cry

Job Aspiration: Currently in an existential crisis about that

Lauren Drummond

Dante painted a more welcoming place.

MLT: Burn bra at the stake

Job Aspiration: Astronaut

Teagan Ennis

I will always miss the Sec one lunch program.

MLT: Still be a camp counsellor when I am 40... by choice

Job Aspiration: Neo-natal nurse

Nadia Estefanos

Your biggest mistake was telling me to relax.

MLT: Sass Beyoncé

Job Aspiration: Unknown

Sabrina Fitz

"There's nothing like deep breaths after laughing that hard. Nothing in the world like a sore stomach for the right reasons."
-Stephen Chbosky
My beans at Sacred have given me this and so much more, and for that I could never express my thanks. Exeunt Sab.

MLT: Travel the world in search of the perfect avocado

Job Aspiration: Space midwife so that Lauren can give birth in space (actually a Criminal Psychologist)

Amanda Forgione

Thank you Sacred for being my second home and for being a place where I made the most memorable moments. I will forever cherish the laughter and the friends I made here. Also, thanks for concert band.

MLT: Get lost in her own house

Job Aspiration: Yeach...lol ok

Sarah Frances

"How lucky am I to have something that makes saying goodbye so hard."
-Winnie the Pooh

To the grads of 2017, thank you for making these past five years filled with unforgettable memories that I will cherish forever. I couldn't ask for a better group of sisters to share my high school experience with. Congrats and best of luck. Love you all!

MLT: Overdose on grapes

Job Aspiration: Pediatrician

Kiara Guidote

Peace Out!

MLT: Become a knee surgeon

Job Aspiration: Unknown

Ioana Gurau-Budeci

"Everyone's a critic"-Splinter, Teenage Mutant Ninja Turtles

MLT: Move back to Romania

Job Aspiration: Working for a fashion magazine

Alexandra Hills

"Clear Eyes, Full Hearts, Can't Lose" - Coach Taylor, Friday Night Lights
To the people who pushed me to be my best, to be better than that, to my family that tirelessly cheered me on, to the experiences that knocked me down, to the opportunities that welcomed me with open arms, to the friends I made along the way, to those I won't get a chance to say goodbye to! Thank you.

MLT: Apologize to someone for stepping on my foot

Job Aspiration: Journalist

Olivia Iorio

"The roof is not my sun, but I will raise it."
-Unknown

MLT: Be bald at prom

Job Aspiration: Pediatric Oncologist

Sigrid Joubert

Thank you all for the memorable past five years at Sacred. I wish you all luck and happiness in your futures. Congrats grads!

MLT: Be the loud one

Job Aspiration: Unknown

Eleni Karatzas

Thank you Sacred for being a place that I could call home for these past five years. I have made so many amazing memories that I will cherish forever.Thank you to my friends and family for always sticking by my side, I couldn't have done it without you guys! Congrats grads of 2017!

MLT: Eat souvlaki on the beach in Greece

Job Aspiration: Lawyer

Jessica Khoury

"Let all that you do be done in love. - Corinthians 16:14

MLT: Ski my way into your DM's

Job Aspiration: Marine Biologist

Theodora Konstantopoulos

"She was unstoppable not because she did not have failures but because she continued on despite them."-Unknown

MLT: Come back and teach at Sacred

Job Aspiration: Teacher

Audra Kruszewski

"It's a beautiful thing to have lungs that allow you to breathe air and legs that allow you to climb mountains, and it's a shame that sometimes we don't realize that's enough."

MLT: Escape to the mountains and live with a family of goats

Job Aspiration: Environmental Scientist

Olivia Legault

I came in as a girl not knowing what to expect and I am coming out as a Sacred girl strong and ready to conquer the world and catch anything that is coming my way. It was a rough ride but I made it!

MLT: Be seen squatting at Crossfit

Job Aspiration: Marketing or Law

Dominique Levesque

"When you're a kid, they tell you it's all: Grow up, get a job, get married, get a house, have a kid, and that's it. But the truth is, the world is so much stranger than that. It's so much darker. And so much madder. And so much better."

MLT: Have a midlife crisis at 18

Job Aspiration: Something I'm passionate about

2

Anita Maggiore

"Watch, Anita's gonna put something stupid in her grad comment"
-Everyone

MLT: Most likely to be found sleeping or eating in class.

Job Aspiration: No idea!

0

Kayla Matthews

To the grads of 2017, thank you for making the last three years so memorable. You girls have inspired me in more ways than one. Congrats and good luck with whatever comes next!
You probably saw this one coming... #QAA

MLT: Be found hanging out with the Sec 4s

Job Aspiration: CEO

Lauren McDonald

"But they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint." Isaiah 40:31

Job Aspiration: Unknown

1

Serena McMahon

At Sacred Heart I've learnt so much, from academics to how to get through good times and bad with the help and support of teachers and friends. I've made the best of friends at Sacred Heart and I don't know what I would do without them, so thank you Sacred!

MLT: To trip and fall at prom and my wedding

Job Aspiration: I do not know

7

Sophia Michakis

Ice cream is always the solution.

MLT: Get carded at a club

Job Aspiration: Unknown

Laura Mustillo

(Exeunt)

MLT: Pull an Edgar Allan Poe

Job Aspiration: Art Historian

Beata Nawacki

"You need to find ...your reason for living man. You've got to find your, big just gigantic drum kit, you know?"-Nick/Freaks and Geeks

MLT: Bring an avocado as a prom date

Job Aspiration: Unknown

Ariana Nowroozi

Thanks to SHSM I learned how to write good.

MLT: Marry a rich man over 40 and live on a yacht

Job Aspiration: Own her own business

Emma Osmancevic

"Clear eyes, full hearts, can't lose." - Coach Taylor, Friday Night Lights

The past few years have been filled with amazing memories and true friendships. Thank you to all my friends and family for the endless support and who made this experience unforgettable. Congratulations girls! xo

MLT: Be smiling all the time

Job Aspiration: Become a business woman or lawyer

Maya Ostiguy Hopp

"If you don't go after what you want, you'll never have it. If you don't ask, the answer is always no. If you don't step forward, you're always in the same place."
– Nora Roberts

MLT: Become a professional athlete

Job Apiration: Engineer

Maria Pantazopoulos

"Around here, however, we don't look backwards for very long. We keep moving foward, opening up new doors and doing new things, because we are curious...And curiosity keeps leading us down new paths."-Walt Disney

MLT: Always binge watch Disney movies

Job Aspiration: Engineer or Architect

Michelle Phillips

2

Are men intimidated by your height? My response: No but little boys are...

MLT: Answer with "no"

Job Aspiration: Unknown

Veronica Plescia

Education is important, but hitting 3s is more important. #ballislife

MLT: To get fired for having an altercation with her boss.

Job Aspiration: Unknown

0

Eva Primbas

To teachers: "I promise I'll hand it in tomorrow."
To administration: "I don't feel well (cries) can I please go home?"
To friends: "Guys, what should my excuse be today?"

MLT: Call in sick to her own wedding

Job Aspiration: Lawyer

Shannon Grace Regan

"What feels like the end often is just the beginning"
-Unknown

Job Aspiration: Baker

1

Sophie Rowe

"When's this due?"

MLT: Own seven dogs when she is older

Job Aspiration: Working for a fashion magazine

Yiuane Ryan

"It is well that the earth is round that we do not see too far ahead."
-Meryl Streep

MLT: Have her name mispronounced

Job Aspiration: Unknown

7

Emily Sakaitis

"You see kids...I told you I was hot in high school."

MLT: Be braiding hair in class

Job Aspiration: Physiotherapist

Chiara Silvaggio

"You can retake classes but you can't relive a party."
-Unknown

MLT: Be late

Job Aspiration: Doctor

Denna Soosai Heronimus

These five years have gone by so fast. I am so thankful for having had the opportunity to attend Sacred Heart. I would like to thank my three best friends and most of all my parents. I hope everyone excels in the future. Stratford 2016 was an unforgettable memory! Cheers!

MLT: Blind you with her smile

Job Aspiration: Business Developer

Vanessa Useche

Thank you familia for always being there for me. My beautiful Sacred sisters, I love you endlessly.

MLT: Be late to my own funeral

Job Aspiration: Jennifer Lopez's dog walker in the Bahamas

Lea Valentini

"Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go."
-Joshua 1:9

Job Aspiration: CEO of a marketing company

Isabella Van Dystadt-Aguiar

"Sometimes you will never know the value of a moment until it becomes a memory"
-Dr Seuss

MLT: Ride away into the sunset on a horse

Job Aspiration: Veterinarian

Christina Vassiliou

I've called Sacred home for the last five years. Thank you to my family, friends and teachers who helped me through it all. Girls together we made memories to last a lifetime; Kinkore, lunch tables, Boston...Congrats grads of 2017! We made it!

MLT: Serve you no chill with a side of tzatziki #nochillchris

Job Aspiration: Interior Designer

2

Mia Vincenti

"It all comes down to a few moments and this is one of them." -Unknown

MLT: Be giving you an unintentional dirty look

Job Aspiration: Lawyer

0

Emilie Viviani

I won't take "no" for an answer.

MLT: Be eating a panini

Job Aspiration: Business owner

Rachel Watts

"How lucky am I to have something that makes saying goodbye so hard." -Winnie the Pooh

Thank you to all my classmates, teachers and friends for making my last five years so memorable. Class of 2017, great things await all of you. I will miss you and wish you all the best!

MLT: Be more patriotic than Justin Trudeau

Job Aspiration: Journalist

1

Shannon Wilding

"Life's what you make it, so let's make it rock!" - Hannah Montana

I will always remember the memories and friendships I have made in the three years I have been at Sacred Heart. Congratulations grads 2017!

MLT: Never live down the nickname "Sharon"

Job Aspiration: Run my own company

7

Congratulations Grads '17!

Convocation

THROW BACK TO...

BABY PICTURES

Laura

Teagan

Sigrid

Sarah

Shannon

Teagan

Rebecca

Sophia

Serena

Stephanie

Rachel

Oli

Ioana

Olivia L.

Nadia

Beata

Olivia D.

Michelle

Kiara

Maria

Madison

Jessica B.

Isabella

Emilie V.

Emma

Sabrina F

Ali

Kayla

Maya

Veronica

VICTORIA

DOMI

ELENI

EMILIE S.

VANESSA

DENNA

DORA

CHRISTINA

ARIANA

AMANDA

AUDRA

EVA

LAUREN M.

BROOKLYN

ANITA

SOPHIE

YIUANE

Trends IN 1999

New Products

-Flip phones
-Ipod Classic
-DVD players
-Low rise jeans
-Crop top tanks
-Chokers
-Neckties as belts
-Fishnet tights
-Dresses over jeans

"Now that you're out of my life
I'm so much better
You thought that I'd be weak without you
But I'm stronger..."

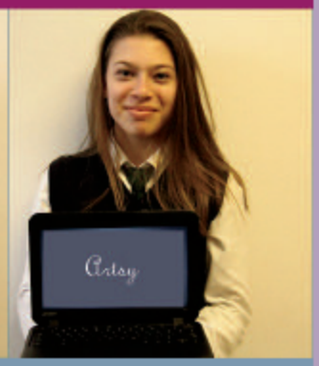
Trends IN 2000

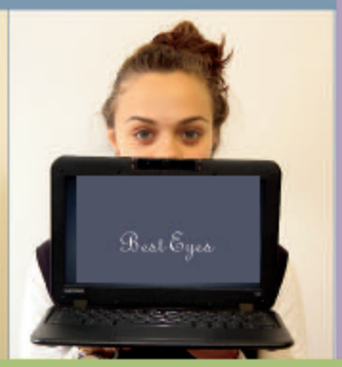
New Products

-My Space
- The Bluetooth
-Blue eyeshadow/ glitter
-Energy drinks
-Pokemon cards
-Word Art aplication
-Spagetti straps
-Razor scooter

Popular Movies
"Toy Story 2"
"10 Things I Hate About You"
"Tarzan"

Popular Movies
"X Men"
"The Grinch Who Stole Christmas"
"Chocolat"





CLASS OF 2017

BEST OFS

According to Secondary 5

BIG THANKS TO SEC 4!

Olivia D. Always heard from across the halls	**Lauren D.** Rap legend	**Teagan** Mother hen	**Kiara** Always on crutches	**Sigrid** Quiet as a mouse	
Dora Bruins lover	**Dominique** Robotics genius	**Lauren M.** Best Insta feed	**Serena** Best funky glasses	**Sophia** Small but mighty	**Emma** Happy 24/7
Maya Speedster	**Eva** Be "sick"	**Chiara** MIA	**Isabella** Best horseback rider	**Emilie V.** Never wear her school shoes	**Rachel** Best Public Speaker
Madison Sweetest smile	**Stephanie** Warmest heart	**Sabrina B.** The "chillest"	**Brooklyn** Funniest grandpa	**Sarah** Sweetest of all sweethearts	**Oli** Hero

CLASS OF 2017

BEST OFS

According to Secondary 4

Eleni Always lending a helping hand	**Jessica K.** Golden sense of humor	**Kayla** Fail sec 5 in order to stay with sec 4s	**Beata** Always find scorekeepers	**Ariana** Funniest laugh	**Michelle** Legs for days
Veronica Be injured for life	**Grace** Coolest hairstyles	**Sophie** Prettiest eyes	**Yiuane** Always have pin straight hair	**Emily S.** Best gymnast	**Jessica B.** Cutest dimples
Rebecca Best "GBF"	**Nadia** Best attitude	**Sabrina F.** Avocado lover	**Amanda** #BandIsLife	**Ioana** Jewelry lover	**Alexandra** Momager
Audra Tree-hugger	**Olivia L.** Crossfit champ	**Anita** Eyebrows on fleek	**Laura** Artist	**Maria** The Pulse #1 fan	**Denna** Always smiling
Vanessa Have a Hollywood star	**Lea** Best at never having an elastic	**Christina** Marry a Greek	**Mia** Best style	**Shannon** Cool as a cucumber	**Victoria** Be mistaken for her sister

Graduates

Valedictorian Speech

Beata Nawacki

Good afternoon Mr O'Donnell, Faculty, Parents and fellow Graduates. I am extremely honoured and excited to represent my graduating class of 2017 as valedictorian, and speak to you all today. I've had a wonderful high school experience in this "fine institution," from creating relationships with you girls to spending quality time with textbooks that enabled me to be the one standing here today. But rather than focus on the time devoted to actual learning, because let's be real, that comes second to the amazing memories we have all shared and everything and everyone we are going to miss next year once we're thrown into the real world. Which, according to Monica from Friends, "It sucks. You're gonna love it!"

Before we discuss what's yet to come though, let's think about what has happened so far. Considering the memories that we do share, I think it's fair to say, and I think our teachers would agree, that we Sacred girls are off the wall crazy. I say this because never, ever have I met a group of girls so dedicated to avocadoes. I will remind you that Sabrina Fitz and I actually had avocadoes engraved on our grad rings, to commemorate all of you. In general though we just love food. It is not uncommon to find one of us *cough cough LAUREN DRUMMOND* trying to take leftovers from other girls who love to eat. However, we are also loving people and I, along with many others, have been known to give up spare carrots or the bottom of our Mandy salads every once in a while. So, yes we are insane, but as said in Alice in Wonderland, "I'll tell you a secret: all the best people are" and those best people are all you ladies. In all seriousness, I'm extremely happy to be graduating alongside a group of girls that I've had the pleasure of growing up with for the past 5 years. I can't imagine a better group of friends to finish off this stage of our life with, and when I think back on high school, I'm going to think about no, not the cookies we got at detente in Sec 1, no, not the school song being ingrained in us by Ms Martel, and no, not Mr T's catchphrase "cheers."I'm going to remember the great girls I went to school with and miss a whole lot.

Of course, our experience here isn't only characterized by each other, we also have the wonderful teachers and faculty to thank. When we leave today, we are leaving behind an extremely passionate and caring group of people that we are lucky to have encountered at all. I mean, who has enough patience to let us rub his head and call it shiny for 5 years like Mr Reda has, or the stamina to continue trying to instill in us what a theme is, not one word but a sentence, like our English teachers, Ms McIvor, Ms Arella and Ms Lessey have. Ms Rath also dealt with Beccerz teaching her how to throw shade in sec 3, but if we're being honest, Beccerz was probably doing her a favour. As teenagers we are greatly influenced by those around us, and sometimes we forget that that includes teachers. And it just so happens that here we have great role models that remind us how to be patient, passionate about their jobs and also serious when necessary. This year is also very special because we aren't graduating alone. A large number of faculty and staff are graduating with us, going on to bigger and better things in their lives as well. So here's an extra big thank you to Mr Laperle, Ms Martel, Ms Potter, Mr T, Ms Raco, Ms Di Palma, Ms Lakatos and good luck to Ms Lec and Ms Bangs as they go on maternity leave. Just as we are moving on to new stages in our lives that will present new challenges, so are all of you, and that's a great reminder to us graduates, that our lives will continue to change and evolve as we grow older, not only right now.

Some other honorable mentions of things we are going to miss about going to Sacred are traditions like Sports Day, DASHABUSTAD, bonding with other grades in House Meetings and this year's Fun Day. When you start thinking about everything that you're about to leave behind like I did to write this speech, you realize how much you appreciated all those activities and how much you'll miss them next year. But as I am coming to learn, although it's sad to think about leaving each other and also the physical building where we have probably spent the majority of our time for the past 5 years (except Eva of course) behind, it's important to focus on the positives of moving forward.

Everyone is in some way nervous for next year, and also probably a little excited. But when you think about it, CEGEP or grade 12 is just a small clip in the motion picture that is your life. It's there for you to explore your interests, discover more about yourself and then learn some practical things like how to manage time and apply to university, if that's where you're planning on going. And although it will most likely be stressful and annoying just like it was creating your schedules already, which if you haven't, I wish you luck because it made me cry, I encourage you all to take the stress and pressure with a grain of salt, and look at the big picture. Although I'm sure it will be much easier said than done. I'm aware that this year was really difficult for most of us, in many varying ways that I won't get into. But it's important to acknowledge that stress that you have now all endured and got through, and realize that you have the strength to overcome something equivalent to that in the future.

Overall, I want to wish you all good luck, and I hope you don't take these past 5 years for granted. I love you all and congratulations girls.

Pin Ceremony

Messages for...

Serena McMahon

Serena,
We are so proud of you and all your dedication, hard work and achievements at Sacred Heart. You have grown into a beautiful woman ready to conquer the world. Remember that you can do anything you choose to and you have unconditional love and support from all of us.

Love Mum, Dad, Liam, Nani, Nana, Uncle Sam, Uncle Matt and your guardian angels (Chachi, Karen,Chantal, Krystle and Eda)
P.s. Remember, girlfriends are the sisters you choose.

Yiuane Ryan

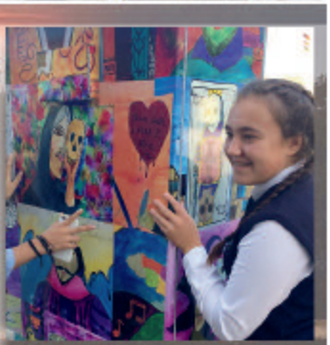
To my dear Yiuane,

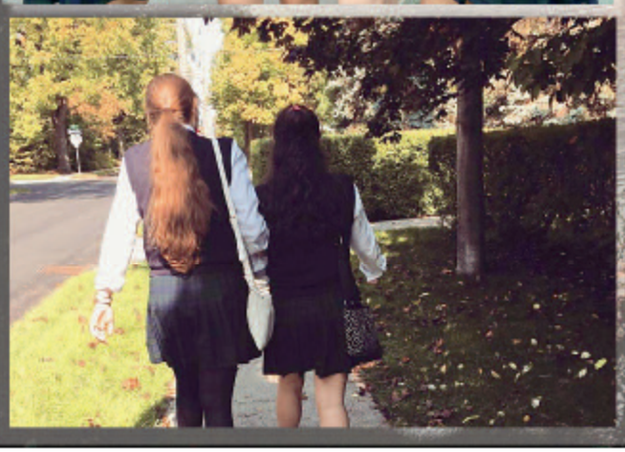
I loved you as a little one, admired you as a teen and I am enjoying gettting to know the wonderful young woman you are becoming.
Much love and congratulations
- from your mom!

CAMP KINKORA

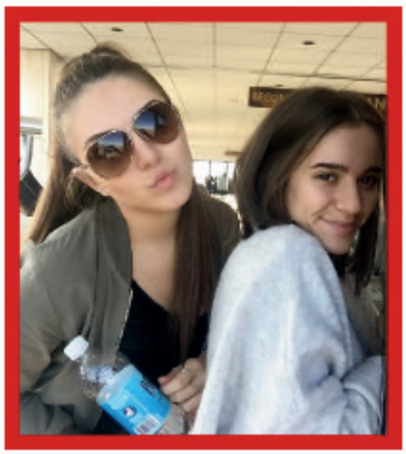
WELCOME TO STRATFORD

Sacred Heart Grads 17





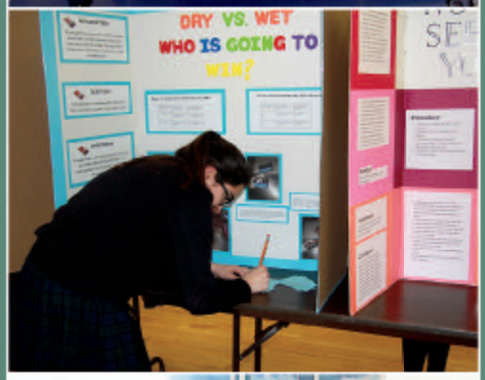
Grad Trip



Peru 2017

STUDENT

LIFE



Barat

House Head:
Lea Valentini

Co-Captains:
Lilah Caprera
Stephanie Frances

Digby

House Head:
Kayla Matthews

Co-Captains:
Isabella Van Dystadt-Aguiar
Madison Passingham
Rachel Watts

Duchesne

House Head:
Kiara Guidote

Co-Captains:
Emilie Shalhoub
Laura Michetti

DuRousier

House Head:
Stephanie Benoit

Co-Captains:
Emma Osmancevic
Jessica Khoury
Liana Cianci

Hardey

House Head:
Ioana Budeci

Co-Captains:
Amanda Forgione
Taranjot Padda

Stuart

House Head:
Rebbeca Di Giorgio

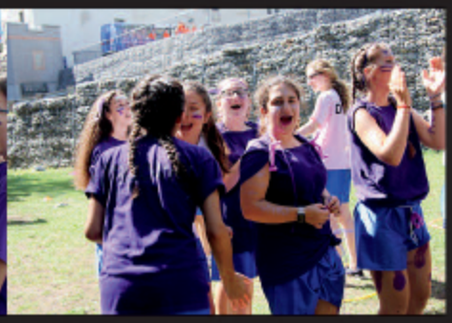
Co-Captains:
Angeliki Trifonopoulos
Julia Buggé

Sheldon

House Head:
Christina Vassilou

Co-Captains:
Daisy Smith
Gabriella Marsilii
Kayla Wolf

Trincano

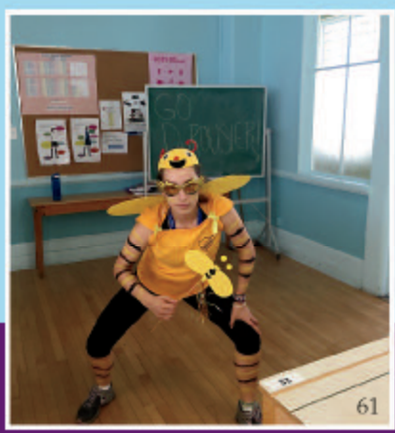


House Head:
Vanessa Useche

Co-Captains:
Alessia Di Salvatore
Eleni Karatzas

Sports day!

And the winners are....

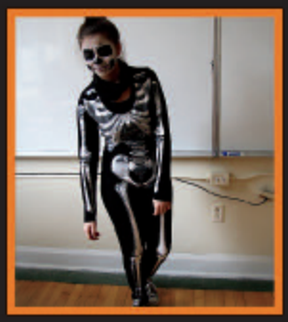


♥GFC♥

Community Service Day

Sixth Annual

Spirit Day



43

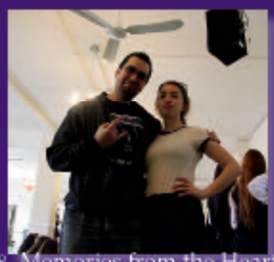
THING
1

ty
ty

Christmas Concert

Christmas Wishes

DASHABUSTADD



Semaine de Français

FUN 20
DAY 17

FUN DAY

FUN 20
DAY 17

Student Stock Exchange

The Grind
Best Video
Best Marketing & Advertising
Best Packaging & Presnetation
Best Business use of Social Media
Entrepreneur of the Year

Most Creative Kiosk
Romaine Fruity

Most Creative Logo
Holy Crepe

Fries Before Guys
Most Original Company Name
Web Page

Drama Production

Arabian Nights

Arts Festival

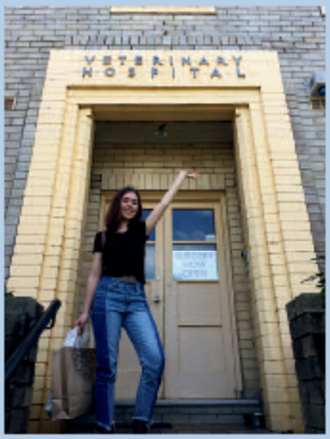
THANK YOU
FOR
SMOKING
SHELL
ICE COLD
DUNKIN'
ROUTE
66

STUDENT

Dear SHSM Girls,

Australia is great! I've already visited the Taronga zoo as well as the Sydney Opera House! Bondi Beach is amazing, the water is so clear and beautiful. I even got to fly a helicopter when I visited Adelaide!

See you soon,
Elizabeth



Elizabeth Aiken
Brisbane, Australia

Julia Buggé
Nantes, France

Antonina Yakobson
Bandues, France

Victoria Quintin
Nantes, France

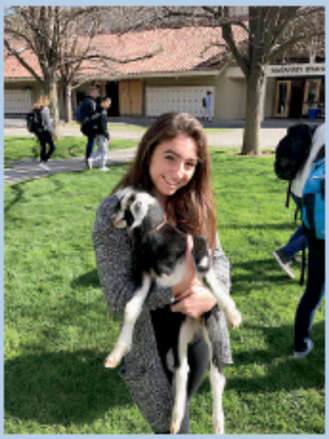
EXCHANGE

Hey Mencia!

How's everything going in Madrid? My parents and I miss you so much! It's really different not having you around. I hope you can stay with us in Sicily this summer, that way we can go to the beach every day, like we wanted to :) Unfortunately I can't come to Spain this summer, but maybe next year! I really hope we can see each other soon!!

Un fuerte abrazo,

Alex



Julia Cianci
Atherton, California

Sarah Frances
Madrid, Spain

Lea Valentini
Philadelphia, Pennsylvania

Alexandra Gagliano
Madrid, Spain

CLUBS

SINGING

DEBATING

READING

WRITING

INVOLVED

L.O.V.E

CARING

ENVIRONMENT

DRAMA

CREATING

CAPTURING

COOKING

MUSIC

ART

MATH

DANCING

2016-2017

PLAYING

Vocale Ensemble

Liturgical choir:
Dominique Levesque.

Vocale Ensemble:
Talia Atallah
Isabel Blin
Roszanna Ralbovsky
Evagelia Rokas
Linda Song
Alice Voizard

Advisor: Ms. Martel

The Pulse

Maria Pantazopoulos
Ali Hills
Eliana Pantazopoulos
Daisy Smith
Katalina Toth
Rozanna Ralbovsky
Alex Gagliano
Dom Levesque
Sabrina Buonamici
Stefanie Capozzo
Xiren Tian
Yasmina Di Lullo

L.O.V.E Club

SEC. II
Elena Apostolatos
Cassandra Baldry
Zoe Boosamra
Lauren Gale
Hannah Lee Poy-Paxman
SEC. III
Madison Berros
Erika Delucilla
Caitlin Downey
Amanda Emblem
Daphne Giroux (HEAD)
Tiana Iacobelli
Jasmin Lightfoot
Laura Michetti
Elisabeth Morena
Madison Passingham
Grace Singer
Daisy Smith
Katalina Toth
Eliana Viviani
Maria Zannis
Advisor: Ms. Lecuyer

Book Club

Alexandra Gagliano
Beata Nawacki
Dominique Sarah Levesque
Julia Bugge
Katalina Toth
Kerri-Lee Commier
Nicoletta Pantazopoulos
Taranjot Padda
Veronica Pereira
Daisy Smith

Advisor: Ms Rath

Concert Band

SEC.V
Sabrina Fitz
Amanda Forgione
Sarah Frances
Kiara Guidote
Olivia Iorio
Audra Kruszewski
Dominique Levesque
Beata Nawacki
Maya Ostiguy Hopp
Rachel Watts
SEC.IV
Sarah Allen
Marianne Beirouti
Alexandra Gagliano
Jezabel Toussaint

SEC.III
Katalina Couto
Amanda Emblem
Nicoletta Pantazopoulos
Angelica Salouros
Daisy Smith
Amanda Stevenson
Maya Vardaro
Veronica Verenini
SEC.II
Sarah Elkas
Hannah Lee Poy-Paxman
Gabriela Nicolau
Emma Maria Provençal
Advisors: Mrs. Waldbrooke & Ms. Gorham

Junior Band

Zoe Boosamra
Julia Cacioppo
Liana Cianci
Sarah Elkas
Anna Garon
Clara Hlibchuk
Hannah Lee Poy-Paxman
Gabriela Nicolau
Emma Maria Provençal
Giulianna Valente
Lola Vincenti
Bridgett Williams
Advisors: Mrs. Waldbrooke
& Ms Gorham

Cooking Club

Isabel Blin
Nora Cunningham
Ainsley Goodleaf
Jura Kruzewski
Eliana Pantazopoulos
Evangelia Rokas
Sofia Serabian

Advisor: Mme de Saint-Marie

Model UN

Term 2
Antonina Yakobson
Beata Nawacki
Audra Kruszewski
Olivia Iorio
Sarah Frances
Sabrina Fitz
Ioana Gurau-Budeci
Jenna Caprera
Kayla Wolf
Tatiana Ranieri-Thompson
Elizabeth Aiken
Hannah Johnston
Eleni Magafas
Kerri-Lee Commier
Taranjot Padda
Julia Bugge
Veronica Pereira
Lauren Drummond
Term 3
Hannah Johnston
Veronica Pereira
Taranjot Padda
Elizabeth Aiken
Eleni Magafas
Kayla Wolf
Tatiana Ranieri-Thompson
Antonina Yakobson
Advisor: Ms. Cusma

Drama Club

Elizabeth Aiken
Sara Anelli
Elena Apostolatos
Zoe Boosamra
Sabrina Buonamici
Julia Bugge
Vanessa Bugge
Jenna Caprera
Lilah Caprera
Christina Capus
Kerri-Lee Commier
Yasmina Di Lullo
Isabella Di Silvestro
Kate Dore
Amanda Emblem
Sabrina Fitz
Amanda Forgione
Sarah Frances
Stefanie Frances
Lauren Gale
Ava Iorio
Olivia Iorio
Hannah Johnston
Eleni Karatzas
Dora Konstantopoulos
Audra Kruszewski
Jura Kruszewski
Ruitong Liu
Eleni Magafas
Ciara Moore
Taranjot Padda
Amanda Paterson
Veronica Pereira
Evanthia Primbas
Tatiana Ranieri-Thompson
Ava Rowe
Daisy Smith
Xiren Tian
Angeliki Trifonopoulos
Vanessa Useche
Advisor: Mr. Beauvais

016~201

Art Club

Katalina Toth
Katerina D'Ambrosio
Leah Amodeo
Linda Song
Liana Salvo
Lola Vincenti
Madison Beauchamp
Michelle Phillips
Morgan Klein
Olivia DiCaprio
Rathisha Iyadurai
Rebecca Barakett
Rebecca DiGiorgio
Rozanna Ralbovszky
Ruitong Liu
Sofia Mignacca
Sofia Serabian
Sophia Michakis
Sydney Shan
Taranjot Padda
Tatiana Ranieri-Thompson
Vanessa Useche
Winnie Lhang
Xindi Hu
Yichen Shen

Yiuane Ryan (HEAD)

Advisor: Ms. Gendron

Ainsley Goodleaf
Amanda Emblem
Amanda Forgione
Amanda Paterson
Amberlie Pereira
Antonina Yakobson
Alessia Di Salvatore
Ali Hills
Bridgett Williams
Cettina Cammalleri
Christina Vassiliou
Daisy Smith
Dora Konstantopoulos
Eleni Kraatzas
Eleni Magafas
Emilie Viviani
Emily Sakaitis
Emma Provencal
Francesca Volpato
Hannah Lee Poy-Paxam
Isabella Van Dystadt-Aguiar
Jessica Christiano

Art Committee

Sophia Michakis (HEAD)
Yiuane Ryan
Taranjot Padda
Alessia Di Salvatore
Anna Garon
Elena Apostolatos
Kayla Wolf
Tatiana Ranieri-Thompson
Advisor: Ms. Gendron

Photography Club

Jezabel Toussaint
Alexandra Gagliano
Arianne Beirouti
Antonina Yakobson
Taranjot Padda
Advisor: Ms.Gendron

Math Team

1. Laura Pitruzzello
2. Julia Cianci
3. Sascha Azouz
4. Kiara Guidote
5. Dominique Levesque
6. Lauren Drummond

Advisor: Mr. Friedmann

Faculty Scholars

Sarah Allen: Climate Change and Sea Turtles
Isabel Blin: Getting Girls to Code
Amanda Emblem: Comparative European Architecture
Amanda Stevenson: Zinc and Health
Daisy Smith: Dramatist. Original Play Production.
Katalina Toth: Regulation of Attention in Adolescents
Advisor: Mr. Judson

Carnival Commitee

Isabella Van Dystadt-Aguiar
Emily Sakaitis
Eva Primbas
Olivia Legault
Ioana Gurau-Budeci
Nadia Estefanos
Kristen Harris
Talia Pirro
Alessia DiSalvatore

Advisors: Ms. Lecuyer & Ms. Newton

Dance Committee

Stephanie Benoit
Teagan Ennis
Lauren Drummond
Alexandra Hills
Victoria Quintin
Talia Pirro
Victoria Calderone
Kristen Harris

Advisor: Ms. Lecuyer

Free the Children

Amanda Forgione, Angeliki Trifonopoulos, Anita Maggior, Bianca Mercuri, Eleni Magafas, Emma Osmancevic, Emma Platt, Evagelia Rokas, Gabriella Marsilii, Hannah Johnston, Isabella Van Dystadt-Aguiar, Jenna Caprera, Jessica Khoury, Rachel Watts, Katherine Dor, Kayla Matthews, Kayla Wolf, Kiara Guidote, Laura Pitruzzello, Leah Amodeo, Morgan Azouz
Coordinators : Eleni Karatzas and Dora Konstantopoulos

Lit Mag

Lauren Drummond - Editor
Sabrina Buonamici
Katalina Toth
Daisy Smith
Alexandra Hills
Maria Pantazopoulos

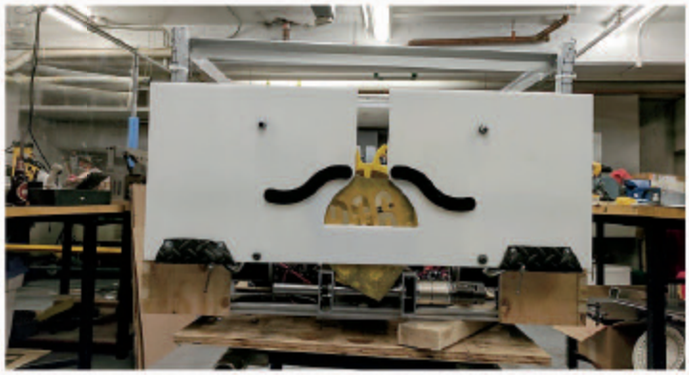
Advisor: Ms. McIvor

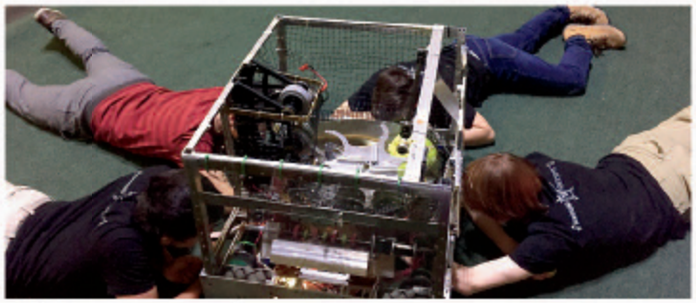
Girls for the Cure

Julia Cianci
Sascha Azouz
Lilah Caprera
Tatiana Ranieri-Thompson
Ariana Nowroozi
Isabella Van Dystadt-Aguiar

Advisor: Ms. Lecuyer

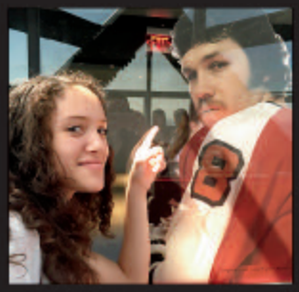
Robotics 2016-2017





Senior Band

Junior Band



PHILEDELPHIA 2017

SENIOR BAND TRIP

SHSM

2016-2017

ATHLETICS

SOCCER

Bantam

Madison D'Souza, Francesca Volpato, Laurena Ferraro, Mara Mastrocola, Alyssa Bucaro, Maika Palmieri, Cettina Cammalleri, Ava Iorio, Chloe Miller, Katerina D'Ambrosio, Lara Dimitri, Elleana Vardaro, Ciara Moore, Zoë Boosamra, Hannah Lee Poy-Paxman, Sarah Elkas

Coach: Mr. McRae

Midget

Tiana Iacobelli, Caitlin Downey, Jasmine Lightfoot, Elisabeth Morena, Laura Michetti, Eliana Viviani, Amaya Sastron-Navarette, Sarah Shalhoub, Jennifer McDonald, Catherine Mourelatos, Cassandra Baldry, Liana Cianci, Gabriela Nicolau, Julia Caccioppo

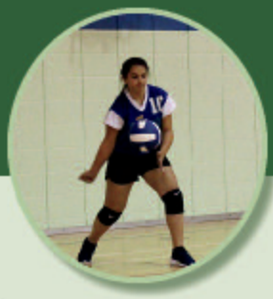
Coach: Mr. Thiruchelvam

Juvenile

Sara Anelli, Lilah Caprera, Julia Cianci, Lauren Drummond, Kristen Harris, Eleni Karatzas, Jessica Khoury, Dominique Lévesque, Kayla Matthews, Maya Ostiguy Hopp, Pina Piazza, Talia Pirro, Lea Valentini, Mia Vincenti, Shannon Wilding

Coaches: Ms. Newton & Patricia Danielidis

VOLLEYBALL



Bantam

Joelle Abouserhal, Vanessa Buggé, Jessica Cristiano, Tara Delaney, Sarah Di Paola, Laeticia Jeanty, Kyoeun Kim, Nicole Sabourin, Catharina Schoch
Coach: Ms Lecuyer

Midget

Anna Garon, Elena Apostolatos, Isabelle Schoch, Jenna Coverini, Amanda Stevenson, Grace Singer, Erika Delucilla, Stefanie Frances, Shannon Blake
Coaches: Sophia Griffin & Sara Tagliamonti

Juvenile

Julia Buggé, Sarah Frances, Alexandra Gagliano, Audra Kruszewski, Gabriela Marsilii, Beata Nawacki, Laura Pitruzzello, Evanthia Primbas, Vanessa Useche
Coach: Lisa-Marie Giorgio

GOLF

Ava Iorio, Olivia Iorio, Dominique Levesque, Katherine Doré
Coach: Ms Newton

CROSS COUNTRY

Cassandra Baldry, Emily Christie, Liana Cianci, Ava Iorio, Rathisha Iyaduri, Pallas Thomas, Reese Wereley, Elizabeth Aiken, Lilah Caprera, Amaya Sastron-Navarrete, Erika Delucilla, Hannah Johnston, Dominique Levesque, Olivia Iorio, Alexandra Hills, Sarah Frances, Maya Ostiguy Hopp, Sophia Michakis
Coach: Ms. Vaupshas

BASKETBALL

Bantam

Joelle Abouserhal, Nora Cunningham, Maya Da Silva Rosa, Nicole Sabourin, Laeticia Jeanty, Kyoeun Kim, Jura Kruszewski, Sofia Mignacca, Chloe Miller, Megan Montini, Michela Santini
Coach: Ms. Lecuyer

Midget

Julia Cacioppo, Liana Cianci, Jenna Coverini, Erika Delucilla, Daphne Giroux, Jasmine Lightfoot, Catherine Mourelatos, Sarah Shalhoub, Giulianna Valente
Lola Vincenti
Coaches: Ms. Newton & Ms. Broadhurst

Juvenile

Sara Anelli, Lilah Caprera, Julia Cianci, Sarah Frances, Alexandra Hills, Audra Kruszewski, Gabriella Marsilii, Pina Piazza, Veronica Plescia, Eva Primbas, Tatiana Ranieri-Thompson, Liana Salvo, Kayla Wolf
Coach: Ms. Littman

SWIMMING

Elizabeth Aiken
Rebecca Barakett
Marianne Beirouti
Jessica Brodeur
Lilah Caprera
Brooklyn Carson
Kerri-Lee Cormier
Katalina Couto
Teagan Ennis
Yasmina Di Lullo
Amanda Emblem
Anna Garon
Kiara Guidote
Ava Iorio

Olivia Iorio
Hannah Johnston
Jessica Khoury
Dominique Levesque
Olivia Migliorelli
Ciara Moore
Madison Passingham
Rozanna Ralbovsky
Ava Rowe
Sophia Rowe
Amaya Sastron-Navarette
Emilie Shalhoub
Veronica Veronini

Coach: Ms. Newton

HOCKEY

Leah Amodeo
Elena Apostolatos
Cassandra Baldry
Zoë Boosamra
Olivia Cerasuolo
Emily Christie
Madison D'Souza
Rebecca Di Giorgio
Caitlin Downey
Sarah Elkas
Lauren Gale
Tiana Iacobelli
Jennifer McDonald
Maya Ostiguy Hopp
Chiara Silvaggio
Shannon Wilding
Coaches: Amey Doyle & Ms. Martel

BADMINTON

Bantam
Sarah Shalhoub
Nicole Sabourin
Simona Ruscio
Lara Dimitri
Francesca Volpato
Jessica Cristiano
Coach: Ms. Martel

Midget
Sophie Koestner
Laura Pitruzello
Gabriella Marsilii
Kayla Wolf
Daisy Smith
Amanda Stevenson
Coach: Ms. Martel

Juvenile
Sarah Frances
Taranjot Padda
Dominique Levesque
Beata Nawacki
Eleni Magafas
Veronica Pereira
Coach: Ms. Martel

TENNIS

Sofia Buggé, Catharina Schoch, Sarah Elkas, Sarah Shalhoub, Nicole Sabourin, Jenna Coverini, Laura Pitruzello, Kristen Harris, Sophie Koestner, Emilie Shalhoub, Morgan Klein, Wenyu Zhang
Coach: Ms. Rath

TRACK & FIELD

Elena Apostolatos, Cassandra Baldry, Zoë Boosamra, Liana Cianci, Katerina D'Ambrosio, Madison D'Souza, Lauren Gale, Anna Garon, Mara Mastrocola, Amaya Sastron- Navarrete, Sofia Scalia, Sarah Shalhoub, Francesca Volpato, Reese Werely, Lilah Caprera, Olivia Cerasuolo, Erika Delucilla, Emiliana Di Nolfo, Alessia Di Salvatore, Caitlin Downey, Tiana Iacobelli, Sophie Koestner, Jasmine Lightfoot, Isabelle Schoch, Emilie Shalhoub, Daisy Smith, Amanda Stevenson, Sarah Frances, Ali Hills, Olivia Iorio, Dominique Levesque, Sophia Michakis, Maya Ostiguy Hopp, Evanthia Primbas, Isabella Van Dystadt - Aguiar

Coaches: Ms. Beaudet & Mme. Belfort

HALO

Nora Cunningham, Jura Kruszewski, Mara Mastrocola, Reese Wereley, Ciara Moore, Sofia Buggé, Rathisha Iyaduri, Pallas Thomas, Liana Cianci, Cassandra Baldry, Sarah Shalhoub, Amaya Sastron-Navarette, Lilah Caprera, Sara Anelli, Julia Cianci, Maya Ostiguy Hopp, Dominique Levesque, Sophia Michakis, Sarah Frances

Coach: Ms. Vaupshas

FOOTBALL

Bantam

Laurena Ferraro, Pallas Thomas, Lara Dimitri, Nicole Sabourin, Katerina D'Ambrosio, Cassandra Baldry, Lauren Gale, Ashley Sakaitis, Catherine Mourelatos, Zoë Boosamra, Elena Apostolatos, Liana Cianci, Hannah Lee Poy Paxman, Gabriela Nicolau
Coach: Ms. Littman

Midget

Lilah Caprera, Julia Cianci, Alessia Di Salvatore, Caitlin Downey, Daphne Giroux, Kristen Harris, Tiana Iacobelli, Jasmine Lightfoot, Pina Piazza, Talia Pirro, Tatiana Raneri-Thompson, Isabelle Schoch
Coaches: Ms. Lecuyer & Kyrstin Coughlin

Juvenile

Lauren Drummond, Sarah Frances, Kiara Guidote, Eleni Karatzas, Jessica Khoury, Dominique Levesque, Kayla Matthews, Maya Ostiguy Hopp, Evanthia Primbas, Emily Sakaitis, Vanessa Useche, Lea Valentini, Isabella Van Dystadt-Aguiar, Shannon Wilding
Coaches: Ms Newton & Mr. McRae

SPORTS BANQUET

ATHLETES OF THE YEAR

THE AMAZING RACE

TEAM OF THE YEAR

Sarah Shalhoub
Junior

Sarah Frances
Senior

Midget Basketball

Good friends never say goodbye... they say see you soon.

DEAR GRADUATES

It's time to say goodbye, but I think goodbyes are sad and I'd much rather say hello. Hello to a new adventure.
-Ernie Harwell

Jostens
Published in Canada
Printed in USA